



Little Treasures
Nursery and Pre-school

Learn • Explore • Discover

AUTUMN/WINTER MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (08:30)	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Lunch (11:30)	Pea risotto with carrots	Pork & leek casserole with cabbage	Chicken Dinner and all the trimmings	Chicken and spinach curry with rice	Fish pie and peas
Dessert	Bananas and custard	Strawberries and yoghurt	Pineapple chunks and cream	Melon medley	Mandarins and jelly
Snack (13:30)	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit
High Tea (15:30)	Wholemeal pasta Mac 'n' Cheese	Tomato soup with wholemeal bread	Selection of Sandwiches	Fruit Loaf	Toast & baked beans
Dessert	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit

Fruit bowls are provided for all children throughout the day in each of our Nursery rooms

AUTUMN/WINTER MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (08:30)	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Lunch (11:30)	Meatballs, spaghetti, and green beans	Chicken pie with cauliflower florets	Mushroom stroganoff with rice and broccoli	Tex Mex Mild chilli with rice and corn	Cowboy pie with green beans
Dessert	Banana split	Peaches & cream	Kiwi and natural yoghurt	Raspberries and ice cream	Pears and cream
High Tea (15:30)	Ravioli on toast	Pitta pockets with ham and cheese	Variety of quiche	Toast & spaghetti	Wraps with cucumber & carrot sticks
Dessert	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit

Fruit bowls are provided for all children throughout the day in each of our Nursery rooms

AUTUMN/WINTER MENU

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (08:30)	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
Lunch (11:30)	Chicken pasta bake with carrots & peas	Toad in the hole with mash and sweetcorn	Pea risotto with broccoli	Chicken Dinner and all the trimmings	Quorn cottage pie with green beans
Dessert	Yoghurt with mango puree	Orange segments	Fruit cocktail and ice cream	Apples and chopped grapes	Melon medley
High Tea (15:30)	Toasted crumpets	Cheese, ham, crackers and rice cakes	Vegetable soup with wholemeal bread	Selection of Sandwiches	Bagels and cream cheese
Dessert	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit

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